

## WORKSHOP SCHEDULE

ESCP Kraków symposium 2024: Implementing and scaling sustainable clinical pharmacy practice

20-23 October 2024, DoubleTree by Hilton, Krakow, Poland



Parallel Session Day One Monday 21st October	Workshop title	Workshop title	Workshop title
Parallel Session I- Workshops, Oral Communications 13.30-15.30	<b>WS01:</b> Working towards sustainable pharmacy practice: from pollution to solution	<b>WS02:</b> Medicine Optimisation in Frailty – everyone’s business for sustainable health care	<b>WS03:</b> Clinical supervision for undergraduate and trainee health care students- ESCP Education Committee Workshop
	<b>WS04:</b> Applying Quality Improvement Methods to Clinical Pharmacy Workflows	<b>WS05:</b> Keep antibiotics working - How clinical pharmacists can aid antimicrobial stewardship and lower the rate of antimicrobial resistance development	<b>WS06:</b> Research Priority Setting Partnerships: Identifying priorities for future research that reflect the perspectives and unmet needs of patients, carers and healthcare professionals
Parallel Session II- Workshops, Oral Communications 16.00-18.00	<b>WS07:</b> Publishing in Peer-reviewed Journals: Understanding the Art and Science	<b>WS13:</b> Tackling polypharmacy in the rheumatology patient... successful outcomes with fewer medicines	<b>WS14:</b> The patient voice: from theory to transforming practice
	<b>WS10:</b> Rethinking clinical medication review: implementing pharmacotherapeutic consultations in daily practice	<b>WS11:</b> Sustainable Healthcare in the Netherlands – Get Ready to Act!	<b>WS12:</b> How to conduct and report survey research - ESCP Research Committee Workshop

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Parallel Session Day Two Tuesday 22nd October		Workshop title	Workshop title	Workshop title
Parallel Session III- Workshops, Oral Communications 13.30-15.30	<b>WS13:</b> Tackling polypharmacy in the rheumatology patient... successful outcomes with fewer medicines	<b>WS05:</b> Keep antibiotics working - How clinical pharmacists can aid antimicrobial stewardship and lower the rate of antimicrobial resistance development	<b>WS09:</b> Sick day guidance in clinical practice	
	<b>WS01:</b> Working towards sustainable pharmacy practice: from pollution to solution	<b>WS08:</b> General Practice Clinical Pharmacy Services Targeting Elderly Patients on Polypharmacy: Evaluation, Implementation, and Sustainability	<b>WS12:</b> How to conduct and report survey research - ESCP Research Committee Workshop	
Parallel Session IV- Workshops, Oral Communications 16.00-18.00	<b>WS07:</b> Publishing in Peer-reviewed Journals: Understanding the Art and Science	<b>WS02:</b> Medicine Optimisation in Frailty – everyone’s business for sustainable health care	<b>WS06:</b> Research Priority Setting Partnerships: Identifying priorities for future research that reflect the perspectives and unmet needs of patients, carers and healthcare professionals	
	<b>WS04:</b> Applying Quality Improvement Methods to Clinical Pharmacy Workflows	<b>WS15:</b> An introduction to health literacy for pharmacists and pharmacy educators	<b>WS14:</b> The patient voice: from theory to transforming practice	
Day Three Wednesday 23rd October		Workshop title	Workshop title	Workshop title
Parallel Session V- Workshops, Oral Communications 13.30-15.30	<b>WS10:</b> Rethinking clinical medication review: implementing pharmacotherapeutic consultations in daily practice	<b>WS11:</b> Sustainable Healthcare in the Netherlands – Get Ready to Act!	<b>WS03:</b> Clinical supervision for undergraduate and trainee health care students- ESCP Education Committee Workshop	
	<b>WS08:</b> General Practice Clinical Pharmacy Services Targeting Elderly Patients on Polypharmacy:	<b>WS15:</b> An introduction to health literacy for pharmacists and pharmacy educators	<b>WS09:</b> Sick day guidance in clinical practice	



Evaluation, Implementation, and Sustainability

## WORKSHOPS

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### **WS01: Working towards sustainable pharmacy practice: from pollution to solution**

*Charlotte Bekker and Bart van den Bemt – The Netherlands*

#### **Learning Objectives**

- To create awareness about the environmental impacts of medications.
- To inspire to design, implement and evaluate sustainable pharmacy practices, aligning with sustainable development goals.
- To obtain knowledge on the triple bottom line framework and its application to evaluate sustainable pharmacy interventions.
- To learn how to select appropriate interventions for sustainable pharmacy practice.
- To have an overview of evidence-based interventions that promote sustainable pharmacy practice.

### **WS02: Medicine Optimisation in Frailty – everyone’s business for sustainable health care**

*Stephanie Park – Northern Ireland, Hilary McKee – UK*

#### **Learning Objectives**

- To define frailty.
- To understand the relationship between frailty and polypharmacy.

-To use the clinical frailty assessment tool (CFS) to assess patients.

-To understand how frail patients don't always fit clinical guidelines.

-To undertake patient centered medicine optimisation in frailty.





### **WS03: Clinical supervision for undergraduate and trainee health care students- ESCP Education Committee Workshop**

*Zachariah Nazar – Qatar, Hamde Nazar – UK, Tarik Al-Diery – Qatar*

#### **Learning Objectives**

- To explain the importance of work-based learning and the innovative approaches being adopted for healthcare trainees.
- To discuss the evidence for supportive clinical environments and clinical supervision.
- To explore the design and facilitation of supportive clinical placements with appropriate clinical supervision.

### **WS04: Applying Quality Improvement Methods to Clinical Pharmacy Workflows**

*Kiran Channa, Mandy Slatter – UK*

#### **Learning Objectives**

- To map a patient pathway and interaction points with pharmacy within your own service
- To formulate a stakeholder map of who needs to be involved and how to engage teams
- To identify waste within systems.
- To create metrics that demonstrate impact (including linking Length of Stay to Medicines Reconciliation)

### **WS05: Keep antibiotics working - How clinical pharmacists can aid antimicrobial stewardship and lower the rate of antimicrobial resistance development**

*Patryk Majewski – UK*

#### **Learning Objectives**

- To understand how AMS tools such as CURB-65, PEN-FAST and IVOS (IV to oral switch) can support patient care.
- To optimise antimicrobial therapy through analysing culture results, adjusting dosing in renal impairment, acting on drug interactions and therapeutic drug monitoring.
- To understand the risk multi drug resistant bacteria and inaccurate antibiotic allergy labels have on patients.
- To understand the effect inappropriate antibiotic disposal has on the environmental bacterial species and how it is linked to human disease.
- To understand the effect AMS can have on improving patient outcomes and reduce carbon footprint.



## **WS06: Research Priority Setting Partnerships: Identifying priorities for future research that reflect the perspectives and unmet needs of patients, carers and healthcare professionals**

*Cathal Cadogan, Miriam Boland, Agnes Higgins – Ireland*

### **Learning Objectives**

- To outline different research priority setting approaches.
- To describe the principles of a JLA priority setting partnership.
- To discuss how to establish a priority setting partnership and the roles of different stakeholders.
- To outline the key stages of a JLA priority setting partnership and relevant practical considerations.
- To discuss approaches for disseminating the research priorities and translating them into action.

## **WS07: Publishing in Peer-reviewed Journals: Understanding the Art and Science**

*Muhammad Abdul Hadi – Qatar, Vibhu Paudyal – UK*

### **Learning Objectives**

- To choose an appropriate journal and write for the target audience.
- To identify common mistakes when writing a journal article.
- To navigate through the journal submission and peer-review responses.
- To develop a robust response to the comments of peer-reviewers
- To maintain integrity throughout the publication process and avoid common mistakes.



## **WS08. General Practice Clinical Pharmacy Services Targeting Elderly Patients on Polypharmacy: Evaluation, Implementation, and Sustainability**

*Matej Stuhec – Slovenia*

### **Learning Objectives**

- To discuss the essential pharmacotherapeutic issues in elderly patients and identify possible gaps for evaluating clinical pharmacy services.
- To review the findings of available data on clinical pharmacy services in general practice (exploring reasons for the service development in general practice).
- To present the development, evaluation, implementation, and sustainability of clinical pharmacy services in Slovenia (as an example as one of the best practices in European Union).
- To discuss practical (clinical case) in elderly patients in general practice.
- To summarize recommendations for participants regarding the implementation of sustainable clinical pharmacy services, which could be beneficial for adoption in European countries.

## **WS09. Sick day guidance in clinical practice**

*Marcel Bouvy, Tristan Coppes – The Netherlands*

### **Learning Objectives**

- To learn which patients are at a higher risk of dehydration / AKI / hospital admission.
- To learn what are sick days.
- To learn which high-risk medications are considered crucial in sick day context, and what mechanisms drive these risks.
- To learn how to timely and adequately adjust the high-risk medication during sick days.
- To learn which things to consider when providing sick day guidance.
- To learn how can pharmacists play a role in sick day guidance regarding information provision and involvement of the network of the patient.
- To learn possible barriers and facilitators for implementation of sick day guidance.





## **WS10: Rethinking clinical medication review: implementing pharmacotherapeutic consultations in daily practice**

*Ankie Hazen, Valérie Meijvis – the Netherlands*

### **Learning Objectives**

This workshop aims to challenge the traditional concept of clinical medication review (CMR) and explore the implementation of (short) pharmacotherapeutic consultations as a feasible approach in daily pharmacy practice. Participants will critically assess the effectiveness and feasibility of CMR and discuss practical strategies for integrating pharmacotherapeutic consultations into their daily workflow.

## **WS11: Sustainable Healthcare in the Netherlands – Get Ready to Act!**

*Carine Schuurmans, Jennifer Korporaal-Heijman – The Netherlands*

*The working group of sustainable pharmacy from the Dutch Association of Hospital Pharmacists (NVZA)*

### **Learning Objectives**

- To understand the goals of the Green Deal and the translation to hospital Pharmacy
- To illustrate the way the NVZA has organized sustainability in her organization and is transforming this to her members for the use in their daily practice
- To illustrate the organization and the goals of our working group
- To inspire every pharmacist to get started tomorrow by giving examples that are easy to implement
- To define a sustainability issue and solving this issue in 7 steps

## **WS12: How to conduct and report survey research- ESCP Research Committee Workshop**

*Betul Okuyan – Türkiye, Martin C Henman – Ireland*

### **Learning Objectives**

- To define basic principles on how to conduct survey studies.
- To explore examples of survey research.
- To know how to enhance robustness and rigour of their survey research.
- To explore guidelines and reporting checklists relevant to survey research.





### **WS13: Tackling polypharmacy in the rheumatology patient... successful outcomes with fewer medicines.**

*Hilary McKee, Kalveer Flora – UK*

#### **Learning Objectives**

- To appreciate the principles of the prescribing cascade and the burden of polypharmacy in patients with chronic pain.
- To understand the role of non-pharmacological treatments and alternative therapies in reducing the medicines burden.
- To understand the principles of targeted therapies and getting it right first time.
- To understand the role of a pharmacist in outpatient consultations and how this can impact on reducing medications.
- To understand that patients can be complex with multiple co-morbidities that need to be considered when making treatment decisions.

### **WS14: The patient voice: from theory to transforming practice**

*Anita Hogg, Joanne Brown – Northern Ireland*

#### **Learning Objectives**

The aim is to promote embedding the patient voice in clinical practice.

- To consider the importance of the patient voice in clinical practice.
- To recognise barriers and enablers to embedding the patient voice.
- To empower participants to incorporate the patient voice in routine practice.

### **WS15: An introduction to health literacy for pharmacists and pharmacy educators**

*Laura J. Sahm – Ireland*

#### **Learning Objectives**

- To gain insight into the concept of health literacy, its impact on patient outcomes, and actionable changes that pharmacists can take to support those with health literacy challenges.
- Appreciate the prevalence of and contributors to health literacy challenges
- Recognise the impact of health literacy challenges on patient care
- Suggest appropriate actions to support health literacy in patients at an individual and organisational level